

www.flamebrothers.com.au (03) 5356 4279



ON THE GO

EGG & BACON MUFFIN 8

toasted English muffin, smoky bacon, fried egg, tomato sauce, American cheese **DFO**

NYC STYLE BAGEL 16

toasted open bagel, house cured smoked salmon, scallion cream cheese, capers, peashoots

HOUSE MADE CAKES 4 ask for today's flavours V

Breakfast Menu SERVED DAILY BEFORE 11:30AM

V - VEGETARIAN | VG - VEGAN DF - DAIRY FREE | GF - GLUTEN FREE | O - OPTION

LIGHT

FRUIT TOAST 8

Irrewarra fruit loaf with 5 Ducks farm preserves V. VGO. DFO

SOURDOUGH TOAST 7

Zeally Bay sourdough with 5 Ducks farm preserves V, VGO, DFO, GFO

APPLE BIRCHER 16

apple juice-soaked spiced oats, cranberry, raisins, burnt apple puree, apple compote, coconut yogurt, pecan crumble VG

FEELING HUNGRY

FLAMIN' BIG BREKKY 26

two eggs poached, fried or scrambled with bacon, bratwurst, house baked beans, smoked mushroom, smoked tomato, hashbrown, sourdough DF, GFO

EGGS YOUR WAY 10

two eggs poached, fried or scrambled on toasted sourdough, tomato & chilli relish ADD EXTRAS V, DFO, GFO

ASIAN DUCK PANCAKE 22

confit duck & gochujang pancake, chilli dressed pickled broccolini, crispy shallots, beetroot puree, shredded wombok

AVO BRUSCHETTA 20

grilled fig, ricotta & avocado bruschetta, pomegranate molasses, watercress, toasted seeds, poached eggs V, VGO, DFO

GREENS BOWL 20

roasted Moroccan spiced brussel sprouts, toasted walnut pesto, beetroot chard, kale, sweet potato puree, house dukkah, Yay fetta VG, DF

ZUCCHINI FRITTERS 22

cajun zucchini fritters, pickle cauliflower, pomegranate, rocket, grilled chorizo, papaya & lemongrass relish, poached eggs **DF**

EXTRAS

ADD EGGS 4
GLUTEN FREE TOAST 2
SLICE OF TOAST 3
HOUSE HASHBROWN 3

SPINACH 3

SMASHED AVOCADO 4

SMOKED MUSHROOM 4

SMOKED TOMATO 4

HOUSE BAKED BEANS 4
BACON 5
BRATWURST SAUSAGE 5
SMOKED SALMON 5

TOMATO & CHILI RELISH 3





COFFEE & TEA

UPGRADE TO MUG 1

MILK: SOY, ALMOND, OAT .5 SYRUP: VANILLA, HAZELNUT, CARAMEL .5

CAMPOS COFFEE

Cappuccino, Flat White, Caffe Latte, Long Black, Espresso, Double Espresso, Short Macchiato

Caffe Mocha, Magic, 4.5 Long Macchiato

Batch Brew, Cold Drip 5

HOT CHOCOLATE

PRANA CHAI LATTE

BABYCHINO

ORIGIN TEA

English Breakfast, Earl Grey, Black Tea Chai, Sencha Green Tea, Jasmine Green Tea, Pep permint, Lemongrass & Ginger, Chamomile, Forest Berry

ICED DRINKS

Iced Latte 4
Iced Coffee, Iced Mocha, 5.5
Iced Chocolate

JUICES

FRESH ORANGE JUICE

OTHER JUICE
Orange, Pineapple, Cranberry,
Cloudy Apple